



JENNIFER CHESTER | BMET II
CROTHALL HEALTHCARE

How to Make Mistakes.

*A Female Biomed's Memoir of Questionable
Decision Making*



CROTHALL HEALTHCARE

Who am I?

Jennifer Chester

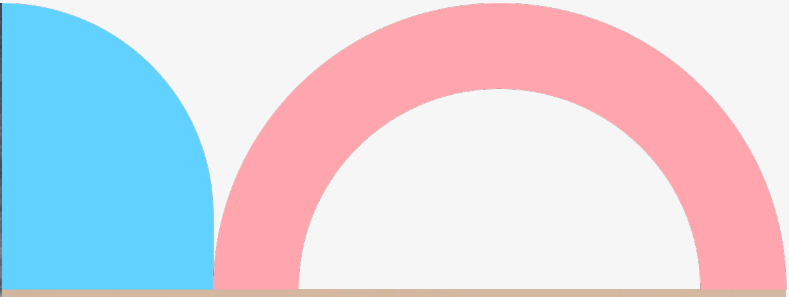
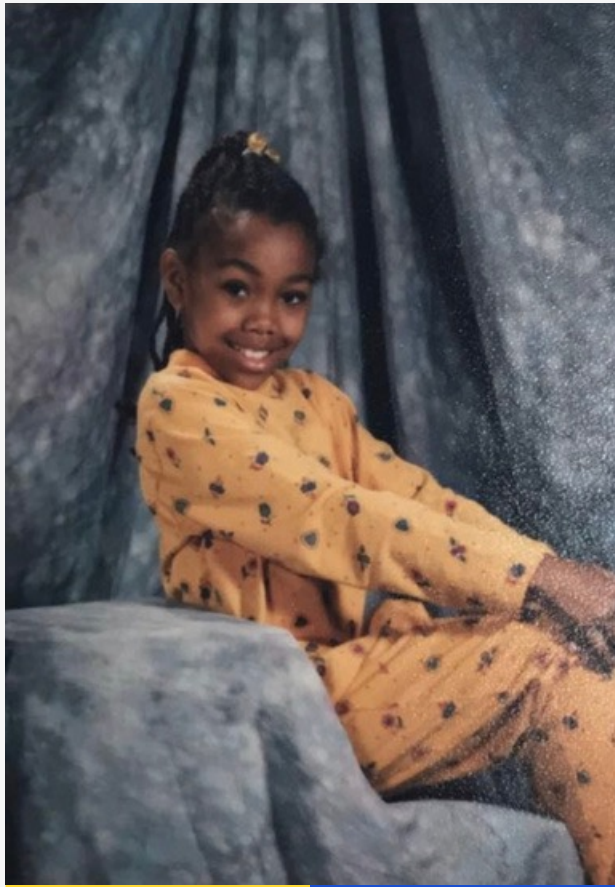


CROTHALL HEALTHCARE

Who am I?

Jennifer Chester

- Mom of 2 Spunky Kiddos



CROTHALL HEALTHCARE

Who am I?

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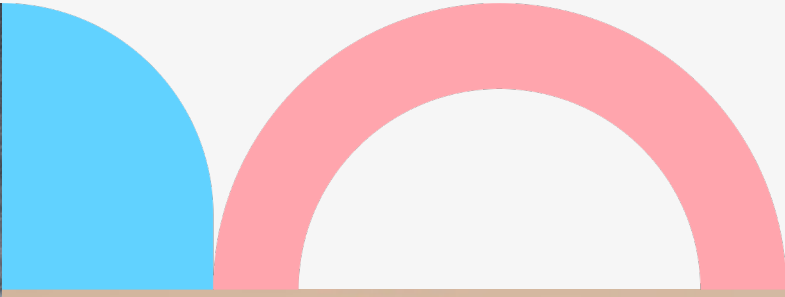
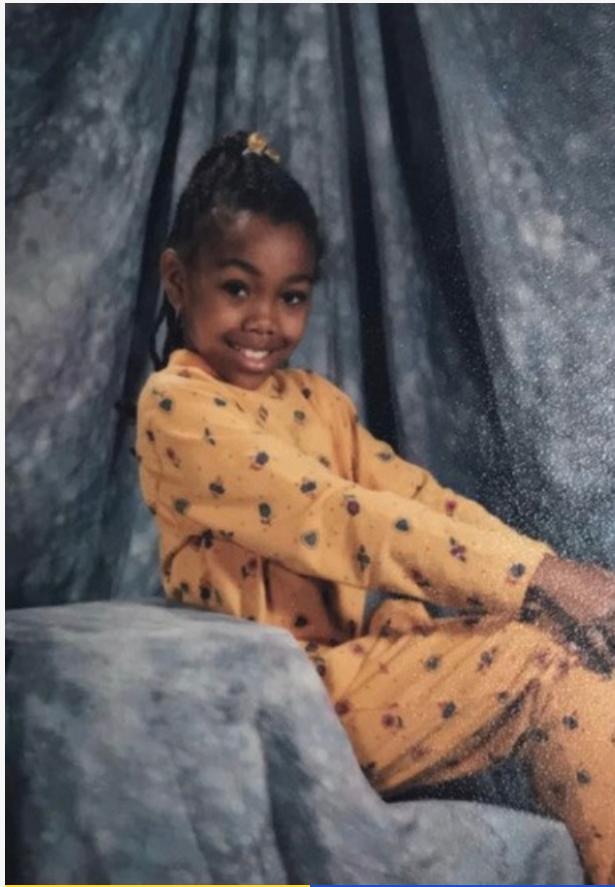


CROTHALL HEALTHCARE

Who am I?

Jennifer Chester

- Mom of 2 Spunky Kiddos
- Nonprofit Founder



CROTHALL HEALTHCARE

Who am I?

Jennifer Chester





CROTHALL HEALTHCARE

Who am I?

Jennifer Chester

- Mom of 2 Spunky Kiddos
- Nonprofit Founder
- Digital Creator

❖ HOW TO MAKE MISTAKES



What are mistakes?



mis·take
/mə'stāk/

an action or judgment that is misguided or wrong.

❖ HOW TO MAKE MISTAKES



“Mistakes are a fact of life. It is the response to that error that counts.”

-Nikki Giovanni

❖ How to Make Mistakes?



❖ LET'S TALK ABOUT IT.

Websters Word of the day

IT'S AN 'SH' WORD
SHAME!



❖ SO WHAT HAD HAPPENED WAS...

STORYTIME.....



❖ SO WHAT HAD HAPPENED WAS...

FIXED | GROWTH

MINDS EET



How to Make Mistakes.

FIXED | GROWTH MINDSET



LET IT BURY YOU



**SHAKE IT OFF,
AND RISE UP**

So Lets Talk About it

HOW DO WE SHAKE IF OFF,
AND
RISE UP.

RECOVER

LEARN

INSPIRE



❖ HOW DO WE RECOVER?

Recovering from Mistakes as a BMET:

What Happened?



❖ HOW DO WE RECOVER?

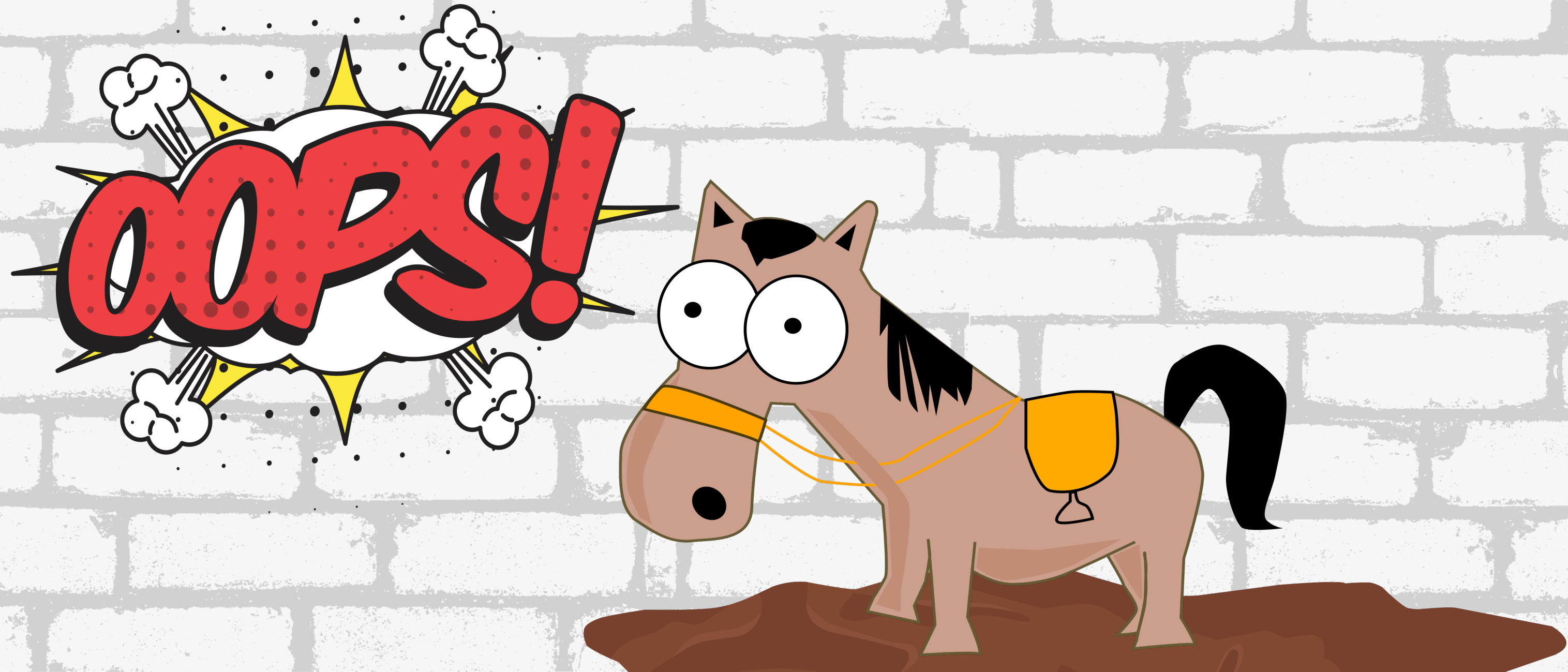
Recovering from Mistakes as a BMET:

Own IT!



❖ OWN IT.

Recovering from Mistakes as a BMET:



❖ HOW TO MAKE MISTAKES

Recovering from Mistakes as a BMET:

How do I

Fix IT?



Immediate Correction:



Do I need to

Apologize

sorry



❖ HOW TO MAKE MISTAKES.

Recovering from Mistakes as a BMET:

Tell IT!



TRUST!



ACCOUNTABILITY!

❖ HOW TO MAKE MISTAKES.

Recovering from Mistakes as a BMET:

Document IT!



❖ ALL BIOMEDS MAKE MISTAKES

So Lets Talk About it

HOW DO WE SHAKE IF OFF,
AND
STOMP IT DOWN.

RECOVER

LEARN

INSPIRE



❖ HOW TO MAKE MISTAKES

Learning from Mistakes as a BMET:

Reflect



❖ HOW TO MAKE MISTAKES.



**Reflective
Practice
is....**

❖ HOW TO MAKE MISTAKES

Learning from Mistakes as

a BMET:

Affirmation



*What did
you do
well?*

❖ HOW TO MAKE MISTAKES.

So Lets Talk About it

HOW DO WE SHAKE IF OFF,
AND
STOMP IT DOWN.

RECOVER

LEARN

INSPIRE



❖ HOW TO MAKE MISTAKES.



Inspiring Who?

❖ HOW TO MAKE MISTAKES.

Inspiring Who?



YOU!!

❖ HOW TO MAKE MISTAKES.

DON'T
GIVE UP



IT'S GONNA
BE OK

Hang
IN THERE

Positive Self
Talk!

YOU
GOT
THIS!

YOU ARE
CAPABLE

It
Gets
Better



❖ HOW TO MAKE MISTAKES.



*Self
Advocacy:*

❖ HOW TO MAKE MISTAKES.

Inspiring Who?



**Your
Peers!**

❖ HOW TO MAKE MISTAKES.



Peer Learning

❖ HOW TO MAKE MISTAKES.

Inspiring Who?



*The Next
Generation*

❖ HOW TO MAKE MISTAKES.

Lead by Example.



❖ HOW TO MAKE MISTAKES

Learning from Mistakes as a BMET:

Activity

Time!



Learning from Mistakes as a BMET:

MY MISTAKE

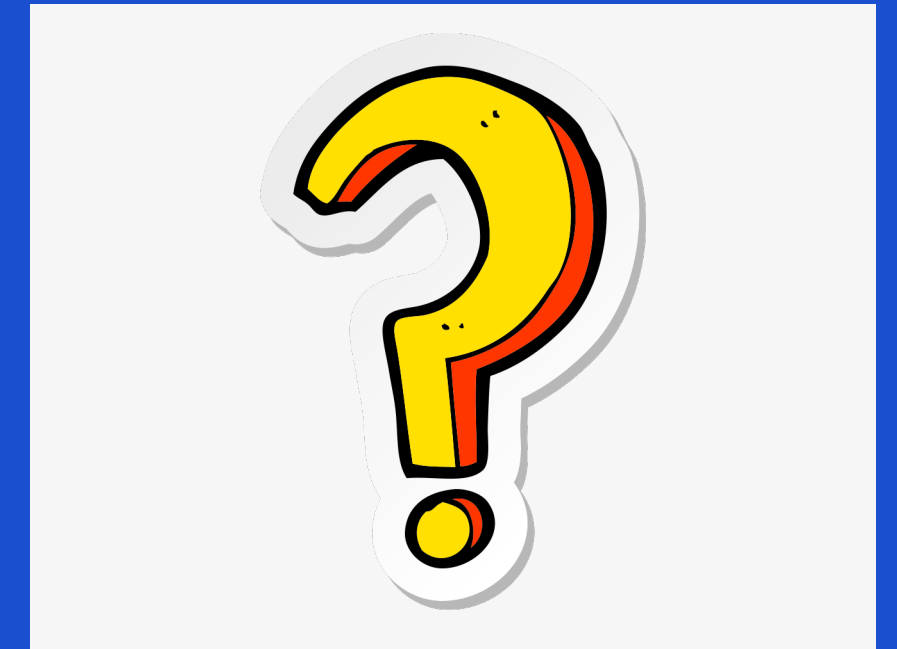
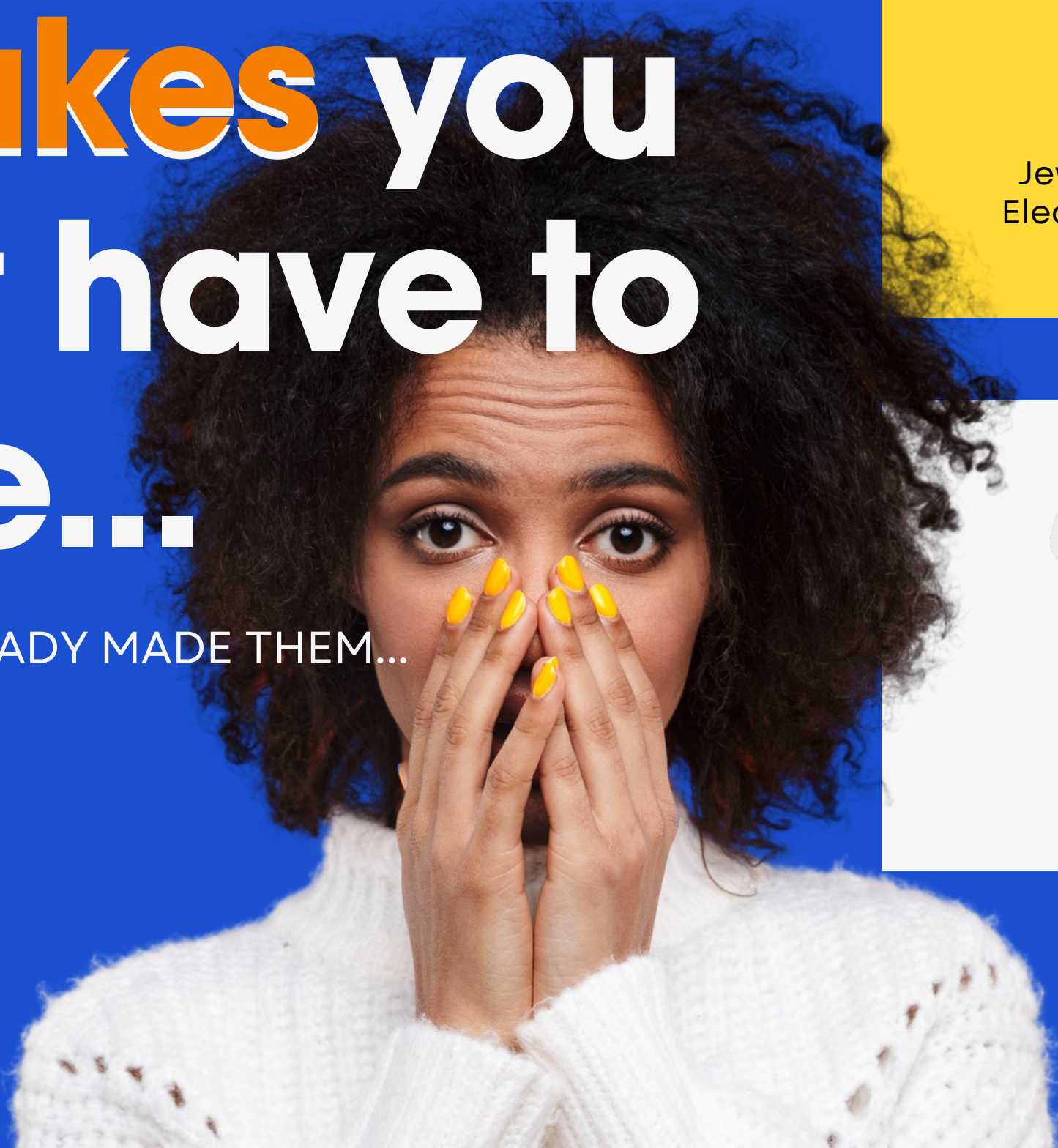
WHAT DID I LEARN?

WHAT DID I DO WELL?

**WHAT WILL I
CHANGE?**

Lets Talk about **mistakes** you don't have to make...

BECAUSE I'VE ALREADY MADE THEM...

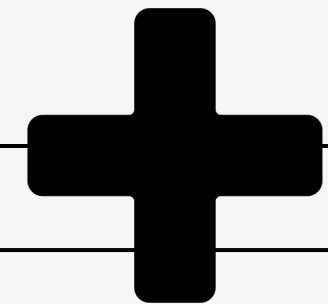


Electricity:

Jewelry is pretty, but Electrocutation is not...



JEWELRY



12V BATTERY



Lets Talk about **mistakes** you don't have to make...

BECAUSE I'VE ALREADY MADE THEM...



ELECTICITY

Jewelry is pretty but
Electrical shock is not.



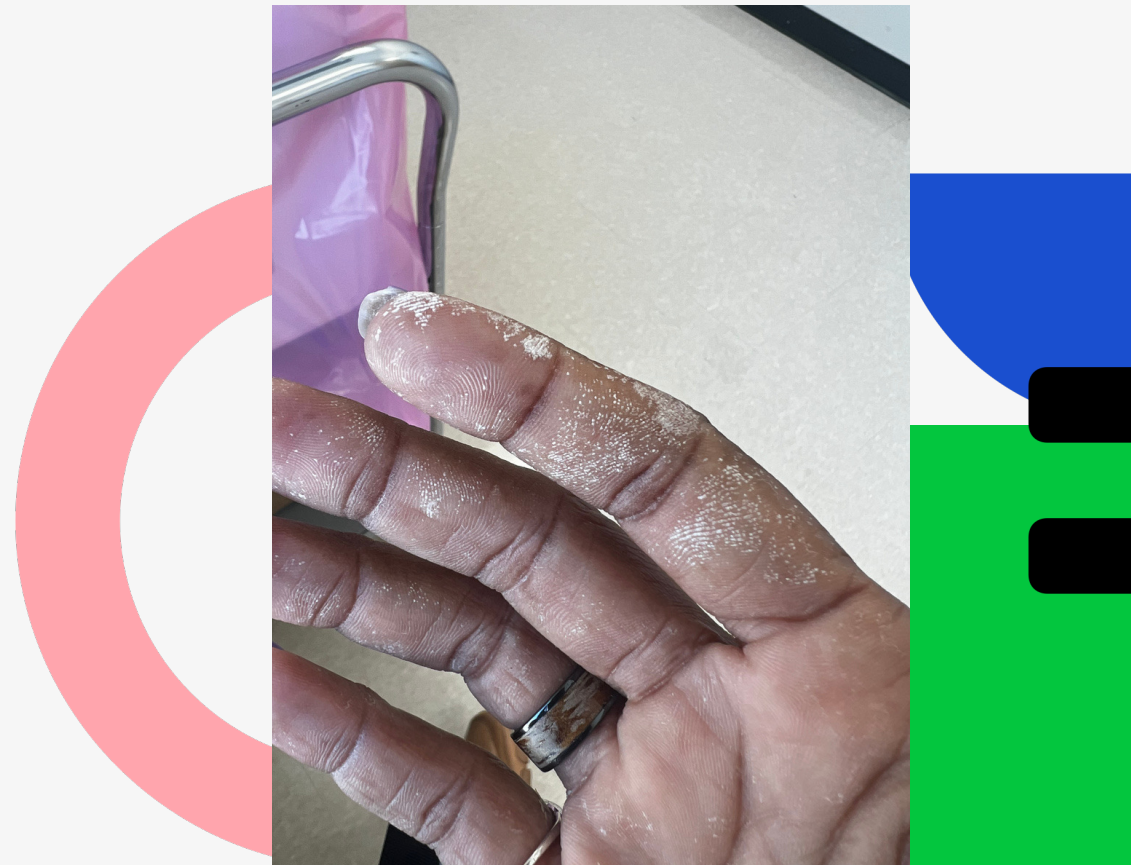
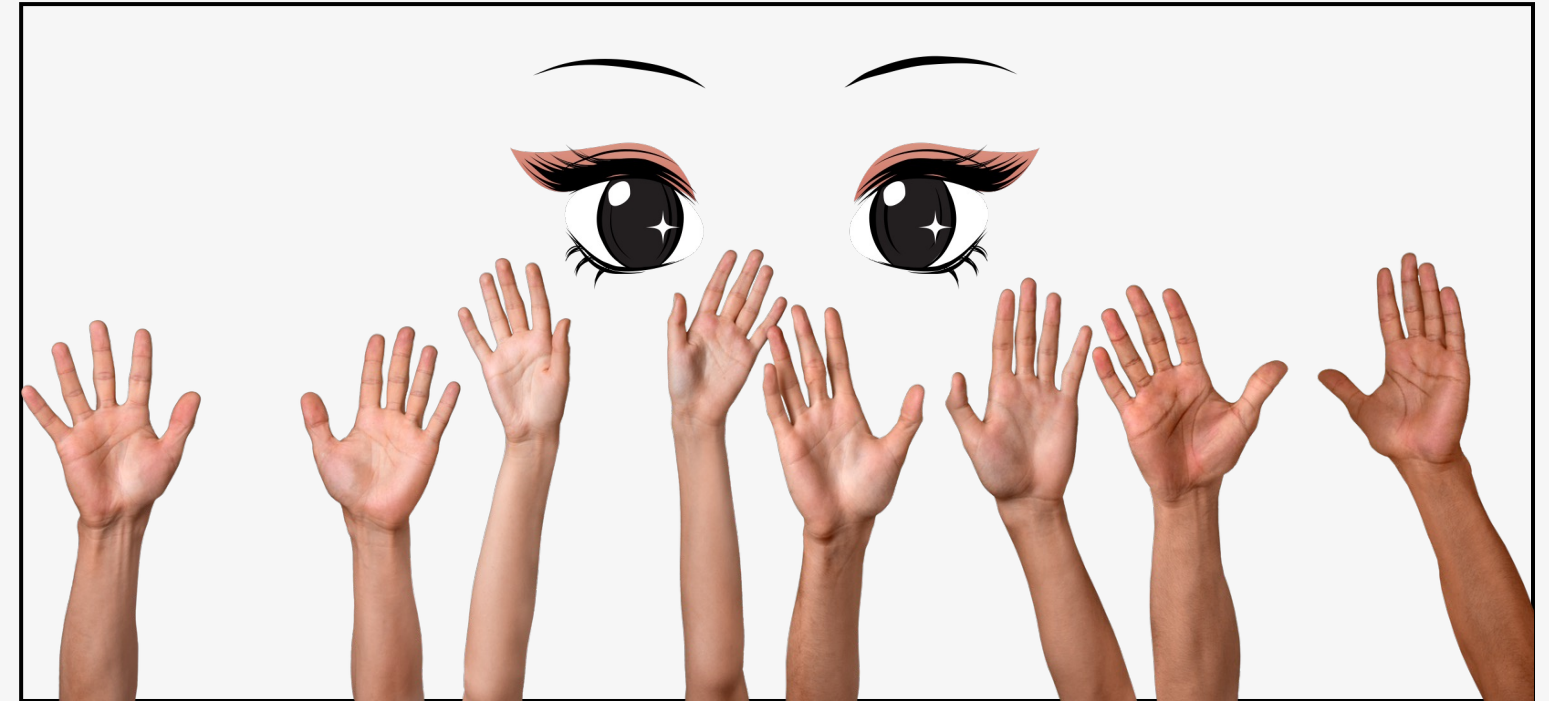
CHEMICALS

Don't touch it if you don't
know what it is.



Chemical:

Gloves and Eye protection are cute when chemicals are involved.



Lets Talk about **mistakes** you don't have to make...

BECAUSE I'VE ALREADY MADE THEM...



ELECTICITY

Jewelry is pretty but
Electrical shock is not.



CHEMICALS

Don't touch it if you don't
know what it is.




DEFY EXPECTATION

Briefly elaborate on what the
subtopic is all about.



Not Defying Expectations:

Many expect us to tread carefully, to choose safer projects. Instead, I encourage you to chase challenges. Apply for that position. Promote yourself. Its never a **mistake** to try. Just Call it ambition.



START YOUR OWN YOUTUBE CHANNEL



INSPIRE THE FUTURE TECHIES



NEXTJENN
TECHMOM

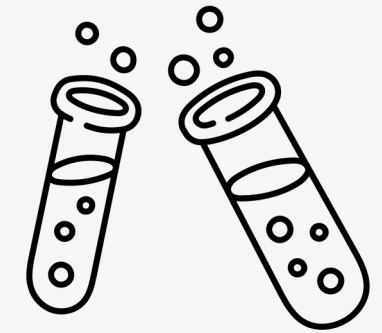
Lets Talk about **mistakes** you don't have to make...

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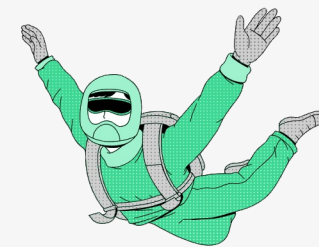
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DEFY EXPECTATION

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THE LONE GENIUS

It's all an illusion

The Illusion of the 'Lone Genius'

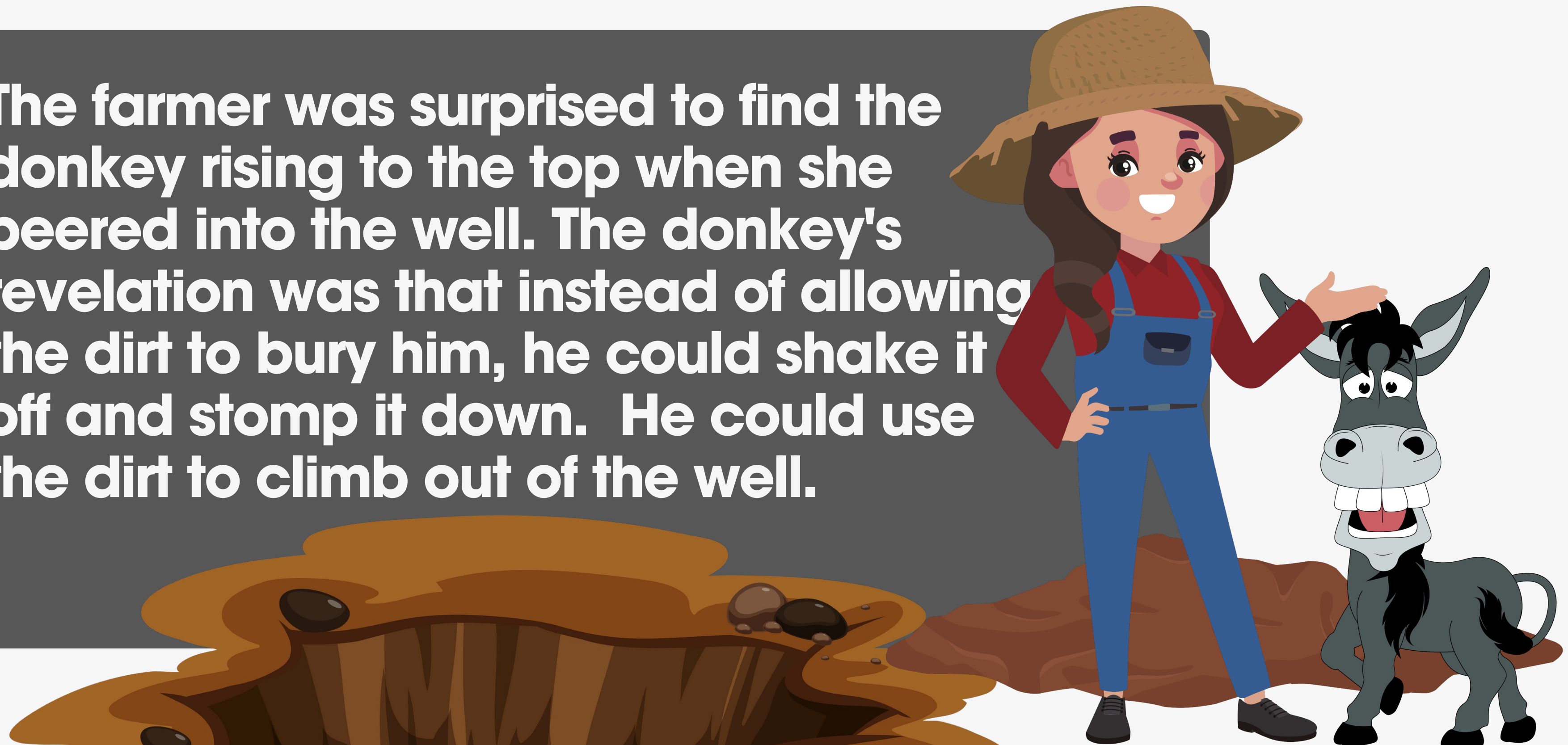
Thinking you have to do everything on your own is a **Mistake**.



It's never a **mistake** to ask for help. Seeking assistance only accelerates your projects.

In Conclusion:

The farmer was surprised to find the donkey rising to the top when she peered into the well. The donkey's revelation was that instead of allowing the dirt to bury him, he could shake it off and stomp it down. He could use the dirt to climb out of the well.



In Conclusion:

In my journey, peppered with “questionable decisions”, None of it was really about making **mistakes**. It is about learning, growing, and navigating the challenges. Like the Donkey let's all leave with the spirit of shaking it off and stomping it down and rising to the occasion!





Thank You For Listening!

ANY QUESTIONS?

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WEBSITE

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