



MD EXPO

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PRESENTED BY: Fred Moore

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Fred Moore,
Speaker, Entertainer
& Bald Guy

Stressed out, overworked and buried in an endless list of “to dos?” Fred Moore will wake you up, get you engaged and set you up for success as he shares the mindset corrections to relieve stress, action planning and how to get the most out of it, how to set goals that will get done, brainstorming techniques for tackling problems, and the magic of Focused Work Segments. This entertaining, fun and informative program will boost your energy and leave you with solid tools and a smile on your face!

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